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Issue No. - 28



Solidaridad

GOOD FARMING – GOOD FOOD



NEWSLETTER



Netherlands Enterprise Agency



EAST WEST SEED
INTERNATIONAL



VIPPY





Dear Readers

Welcome to the April edition of "Good Farming-Good Food" monthly Newsletter. This month indeed has brought a new wave of agriculture transformation for us. With the inauguration of regenerative agriculture center at the heart of the India "Madhya Pradesh", we have stepped towards a new era of agriculture that is "Regenerative agriculture".

It has the potential to check the serious consequences as a result of current agriculture practices including deforestation and soil degradation. To build healthy soils and fertile, thriving agro-ecosystems, this approach incorporates a range of regenerative agriculture practices like agroforestry, diversifying crops, growing more of the foods that have smaller environmental footprints and well-managed grazing. The month was precious for us as the founder and honorary President of Solidaridad Dr. Nico Roozen and the Managing Director of Solidaridad Asia Dr. Shatadru Chattopadhyaya visited Bhopal office and inaugurated the Regenerative Center at District Sehore. A consortium of Farmer Producer organisation and training book for Mid-day meal cook were launched in their august presence. Our team had an intense discussion and knowledge sharing session with the dignitaries to enhance the collective ability of organisation's workforce to understand the need and efforts to be made while working in agriculture sector. This newsletter has brought many more happenings from the month.

Enjoy Reading !

Dr. Suresh Motwani

Celebrations

Earth Day 2023

Invest in Our Planet

Side Effects of Burning Crop Residue in Agriculture and Measures to Prevent it

कृषि में फसल अवशेष (नरवाई) जलाने के दुष्प्रभाव एवं इसे रोकने के उपाय

Side Effects of Burning Crop Residue in Agriculture and Measures to Prevent it

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on
22, April 2023 (Saturday)
3:00 to 4:00 pm



Online Training Session Organized by
**SMART AGRI KNOWLEDGE AND
INFORMATION HUB**

HOW TO JOIN ?

Click on the link below after installing Google Meet
<https://meet.google.com/fpj-wwpg-qff?hs=224>

For More Information
PLEASE CONTACT



Mr. Anil Khare
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Ms. Namrita Bhanweria
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For Earth Day 2023, we need to Act, Innovate and Implement. This day gives an opportunity to raise awareness towards rapidly-rising levels of pollution, climate change, and other circumstances that contribute to damaging the environment and threaten the survival of our planet.

Burning of agricultural biomass residue has been identified as a major health hazard. Burning crop residue causes remarkable pollution problems in the atmosphere and huge nutritional loss and physical health deterioration to the soil.

To mark this day, Krishi Chaupal (Online Meeting on Agriculture) was organised dedicated to make our farmers aware on consequences of burning crop residue and what could be the possible alternatives that help in safe decompose of crop residue not harmful for environment and soil.

Innovations and Best Practices





Solidaridad has taken a step forward towards regenerative agriculture. On 5th of April 2023, Dr. Nico Roozen, Founder and Honorary President, Solidaridad Network and Dr. Shatadru Chattopadhyay, Managing Director of Solidaridad Asia laid the foundation of “Nico Roozen International Center of Excellence for Regenerative Agriculture”; which will serve as a training and resource center for farmers, livelihood practitioners, rural entrepreneurs on different regenerative farming practices.

During the inaugural ceremony, around 125 Gram Panchayat Sarpanch joined hands with Solidaridad and took a pledge to achieve the Sustainable Development Goals by adopting regenerative farming practices, farm biodiversity, livestock promotion, water conservation, soil productivity and carbon enhancement.

Currently, demonstration plots of kitchen garden, herbal garden, summer crops (green gram), organic farm inputs, vermicompost unit have been set up at the center by the Solidaridad Bhopal team. With time, more such demonstrations; incorporating regenerative agriculture practices and principles will be set up at the center by the team.



The Bharatkhand Consortium of Farmer Producer Organizations launched on 6th April, 2023 in the auspicious presence of Dr. Nico Roozen, the founder and honorary president of Solidaridad Network and Dr. Shatadru Chattopadhyay, Managing Director, Solidaridad Asia in Bhopal Madhya Pradesh.

Bharatkhand Consortium of Farmer Producer Organizations is a national consortium of Farmer Producer Organizations (FPOs). Currently 25 FPOs and around 50000 farmers are associated with the consortium. It aims to establish inclusive business models with the underlying principles of creating a level playing field for smallholders, while ensuing the business case for associated value chain players i.e. businesses/companies/service provider etc. The consortium shall help in establishing the smallholders inclusive, scalable and commercially viable business models for the domestic as well as global agricultural value chains, and thereby create an ecosystem around equitable model of prosperity in the agriculture.

The consortium ensures the partnership between farmers and modern Markets as well as facilitate aggregation model for inputs and sourcing for agro-produce etc. The FPOs would also be equipped with the innovative tools like traceability and they would also be prepared for sustainability, various certifications, organic and carbon markets.



A Training Booklet for Mid-Day Meal Cook has been launched in the august presence of Dr. Nico Roozen, Founder & Honorary President of Solidaridad Network, Dr. Shatadru Chattopadhyay, Managing Director, Solidaridad Asia and Dr. Suresh Motwani General Manager Solidaridad on 6th April 2023 at Village Gunga (Berasia Bhopal) training center.

The Booklet is a collection of information that give an insight to Mid-Day Meal cook about how nutrition value of food serve to the students can be enhance by some simple practices, importance of soybean in diet and in what forms it can be added on menu, agriculture practices useful for growing healthy vegetables and many more...

Under Good Farming-Good Food programme there is a constant collaboration between our health team and MDM cook on raising awareness about health and nutrition.



During the visit of Dr. Nico Roozen and Dr. Shatadru Chattopadhyay, a team meet has been organised participated by Solidaridad team working across the project area. Both the dignitaries shared their journey of working with community and for various commodities. There was an exclusive session where team members had a discussion with dignitaries on several aspects of life, career, management and many more. They answered them based on their best experiences.

Health and Nutrition



Ministry of Health and Family Welfare, Government of India



Solidaridad



GOOD FARMING – GOOD FOOD

15th April, 2023
(Saturday)
12.30 to 2.00 PM

पोषण चौपाल
POSHAN CHOUPAL

Behavioural Change in dietary practices of the community through effective Nutritional Extension Services

प्रभावी पोषण विस्तार सेवाओं से समुदाय की आहार पद्धतियों में व्यवहार परिवर्तन



Nutrition Experts

- Ms. Nidhi Karoliya
- Ms. Sandhya Choukiker
- Ms. Kanchan Pal
- Ms. Lipy Bhargava
- Ms. Shivkumari Patel

Agenda

- ✓ Sharing of experiences on health and nutritional benefits of adopting Soybean in diet
- ✓ Reflection on health outcome through Soy integrated dietary practices
- ✓ Role of skilled Nutrition Extension worker for effective behaviour change through real adoption

How to Join ?



Click on the link below after installing Google Meet

<https://meet.google.com/ytq-nyqj-gzk>

For More Information Please Contact

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Ms. Kanchan Pal – 6267118140
Ms. Shivkumari Patel - 9340689418

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This time the Poshan Chaupal (Online Nutrition Meeting) was unique in its own way. Indeed, soybean is an integral part of Good Farming- Good Food programme but efforts have been made to connect rural households with holistic nutrition focuses. It's the time to hear back from rural households. Good Farming-Good Food programme has left a big impact on rural households in terms of inculcating healthy and nutritional food in their diet and this was well reflected during the experience sharing session with women farmers during Nutrition Chaupal held on 15 April 2023.

NUTRITION GARDEN



Ensuring yearlong dietary diversity for the family, especially women in reproductive age and children, is one of the many challenges faced by the rural households. Nutrition gardens are the best way to enhance dietary diversity at household level as well as to support income and employment for the family. The nutrition gardens, when well planned, can produce enough to sell excess after consumption. It has been found that there is a good demand for these vegetables and fruits within the villages as the neighbors are aware that they are 100% organic. The idea of the nutrition garden talks about producing all the dietary diversity from the garden itself. The peak of the growing season, which is summer, is when the vegetable garden really shines. Crops like tomatoes, cucumbers, and peppers, summer squash, beans eggplant require hotter climates to thrive.

Under the programme more than 140 nutrition gardens are developed in current summer season in programme areas. The beneficiaries identified for nutrition garden are diverse with respect to their profession, work and need as some of them are Anganwadi Worker, Mid-day meal cook, Nutri Sakhi and Rural households.



This month during the visit of the founder and the Honorary President of Solidaridad Dr. Nico Roozen and Dr. Chattopadhaya, Managing Director, Solidaridad Asia, nutrition team of District Bhopal organised an exhibition of Soy made food at Gunga Resource Center. Team has done a culinary activity also where they gave a live demonstration of soy food.

Gunga is the resource center from where Rakshika Farmer Producer Organisation operates their business of making Soy Tofu and other activities. Dignitaries were explained about the journey of founding Rakshika FPO; the procedure of making Soy Tofu.

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